




Chicago Tribune



BMW Championship  **Cog Hill**
September 6-9, 2007

FOR TICKETS
[CLICK HERE](#)
or call 847-724-4600

- E-mail this story
- Printable format
- Search archives

Breaking news: Live video: Atlantis astronauts take spacewalk

Please [register](#) or [log in](#) | Subscribers: [Get the Advantage](#)

Search:

Most e-mailed
(last 24 hours)

- [THE CHRONICLES OF BEN](#)
- [Friends bear a grudge over hot season tickets](#)
- [What is a hate crime?](#)
- [Airline industry in a jam](#)
- [Electric cars get jolt of interest](#)

[More from today](#)
[Past week](#)

Related News from the Web

- [Weather](#)
- [Human Resources](#)

Powered by [Topix.net](#)



[Social Worker](#)
[read more & apply](#)

[Market Research Analyst](#)
[read more & apply](#)

[Child Development Center Director](#)
[read more & apply](#)

[Assistant to the Head](#)
[read more & apply](#)

[Nurses](#)
[read more & apply](#)

Search Chicago jobs

[All Chicago jobs](#)
[Post resume](#)
[Post a job](#)



[chicagotribune.com](#) >> [Business](#)

THE WATER COOLER

THE WATER COOLER

Associated Press
Published May 21, 2007

New job stress rates highest

What could possibly be more stressful than getting a divorce? Being promoted.

Climbing the corporate ladder was cited most frequently as life's most difficult event, beating out calling it quits with a spouse, adjusting to a relocation or grieving a death by nearly 20 percent of business leaders in a recent survey.

Although a promotion is usually cause for a slap on the back, it forces an employee to deal with more office politics, greater job complexity and increased reliance on others, said Matt Paese of Development Dimensions International, which conducted the study.

Despite the hand-wringing promotions can provoke, almost half of those surveyed said a move into a leadership position positively affected their personal life.

The online survey was conducted among nearly 800 U.S. and foreign business leaders.

Bring cookies, cut the prattle

If you want to drive your co-workers crazy at a business meeting, interrupt someone, answer your cell phone or fall asleep. If you really want them to curse your name, drag them into a meeting and blather away.

Disorganized, rambling presentations are workers' greatest source of frustration at meetings, a new survey reports.

"If you're going to ask someone for time, make sure you're using their time like you would use your time," said Jeff Resnick of Opinion Research USA, which conducted the survey.

The random telephone survey of approximately 1,000 people was conducted in mid-April.

Summer casual

It's hot outside, and that new outfit of yours is the perfect combination of comfy and cool. But is it office-appropriate?

Business etiquette expert Mary Crane says dress codes often are tested in hotter months. And, with summer just around the corner, she says now is the time to make sure office dress remains dressy enough, even in warmer weather.

"If you would even consider wearing any particular item to the beach or to a picnic or to mow the lawn, it's probably not appropriate to wear to the office," Crane said.

To make sure your summertime dress is more stylish than scandalous, heed the following workplace wardrobe guidelines, Crane said:

*Check the culture of your organization. What is acceptable at a hip Internet start-up may be inappropriate at a conservative law firm.

*For women, skirts, dresses or shorts should rise no higher than 2 inches above the knee.



*Plunging necklines have no place in the office. The same goes for flip-flops. Women may be able to get away with a strappy sandal.

Copyright © 2007, [Chicago Tribune](#)

Ads by Google

Extramarital Affair?

Need Professional Counseling? Ph.D. Psychologist, 24 Yrs. Exp.
www.drdaavidmilner.com

Friends With Benefits.

Hot Women and Men In Your Area Looking For You. Come and See Them.
www.singlesnet.com

Break-Up Advice for Women

7 Fatal Mistakes You Made with Him Understanding How a Mans Mind Works
UnderstandingMenInRelationships.com

How to Commit Infidelity

Learn How to Commit Infidelity And Get Away With It. Free Join.
www.infidelitywomen.com

Wholesale Ladies Hats

Wholesale ladies dress and church hats plus casual and red hats
www.awnol.com



[How to advertise](#)

Site index

News

- Local news
- Nation/world news
- Opinion
- Columnists
- Politics
- Religion
- Special reports
- Photos
- Video
- Multimedia
- Obituaries
- Health
- Education
- Weather
- Traffic
- TribLocal

Business

- Your money
- Stocks
- The Digital Page
- What's ahead
- Business tech
- Technology
- Wireless/ Networking
- Columnists

Sports

- Chicago Bears
- Super Bowl coverage
- Bears
- Bulls
- Blackhawks
- Cubs
- White Sox
- Colleges
- High school
- Golf
- Soccer
- Columnists

Travel

- Flight tracker
- Travel deals
- Fall colors
- Midwest getaways
- Follow the sun
- Skiing
- Cruising
- National Parks
- Resourceful traveler
- 10 for the road
- GeoQuiz

Entertainment

- Arts
- Critics' reviews
- Dining
- Food
- Horoscope
- Leisure
- Lottery
- Movies
- Music
- Theater
- Shopping
- Television

Today's paper

- In the community
- Registration
- Subscription
- Contact us
- Send a news tip
- What's in it for you?

Classified

- Find a job
- Find a car
- Find real estate
- Find an apartment
- Shopping
- Find a mortgage
- Dating
- Pets
- Place an ad
- How to advertise